Bear Branch Swim Team Bear Crew

Bear Crew Member Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The objective of the Bear Crew is to:

* provide instruction, encouragement and spirit for swimmers on the Bear Branch swim team
* provide an opportunity for older BBST Swimmer(s) to demonstrate leadership to the swim team
* gain coaching experience for possible future employment with the team

Background

The Bear Branch swim team participates in the Northwest Aquatics League. The swim team has been competing since 1979. We anticipate the team will have 200+ swimmers, 4-6 paid coaches and 10+ volunteer crew members for this swim season. The mission statement of the Bear Branch Swim Team is to provide a structured and safe learning environment through fun and exercise in a competitive spirit while promoting a positive role in the community and our bear crew members will play an active role in promoting that mission.

Who is Eligible for the Bear Crew?

The following are the qualifications for the Bear Crew:

* Bear Crew *must* be completing or have completed the 8th grade.
* Bear Crew should have competitive swimming experience.
* Bear Crew is a recognized leader among swim team swimmers.
* Bear Crew should be able to help supervise and assist in the activities of swimmers.
* Bear Crew should have the interpersonal skills needed to direct, motivate and encourage swimmers.
* Bear Crew should be able to take instruction and direction from All Paid Coaches and BBST Board

Specific duties of the Volunteer Crew include the following:

* Participate in spirit events with swimmers and their families
* Attend Crew Members meetings as scheduled
* Assist coaches during specified practices at least 2 X per week, as scheduled by Head Coach
* Assist swimmers on specifics of swimming technique during practice
* Assist swimmers by demonstrating swimming technique in the water
* Assist in set up and take down of lane ropes and other equipment for practices and meets
* Implement suggestions as offered by Head Coach
* Offer suggestions to the coaching staff for improvement of swim team
* Things to remember:
* The Bear Crew Member position is a voluntary role - *There is no pay*.
* Letters of volunteer hours served are available upon request. Please submit your request to the BBST president.
* When not volunteering, Crew Members are to remain off deck until their scheduled age group practice.
* Bear Crew Members not scheduled for that day are asked not to loiter on deck.

I agree to help the Bear Branch Swim team in all ways that I am able this season as part of the Bear Crew. I understand that this might entail tasks that have not been outlined in this agreement but will be specifically for the team and the swimmers on the team.

Bear Crew Member Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date: \_\_\_\_\_\_\_\_\_\_\_\_\_ Bear Crew Supervisor Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_

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**What days are you available to help at practices? M T W TH F**

**Which meets are you able to attend?**

**05/04 05/11 05/18 05/25 06/01 06/08 06/15**

**Will you be able to attend ALL four pep rallies on**

**05/10 (6pm) 05/24 (6pm) 06/07 (9am) 06/14 (9am)?**

# Bear Crew Member Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Shirt size\_\_\_\_\_\_\_\_